



# Mental Health and Wellbeing Pandemic Response Plan

<b>Aims</b>	<b>Monitor and predict</b>	<b>Reach people in community</b>	<b>Provide clear pathways of care</b>
Participation   Partnership and collaboration   Integrated social and emotional wellbeing   Balanced community-based approaches   Best practice care   Flexible Solutions   Equity and Equality			
<b>Immediate Actions</b>	Immediate monitoring and modelling of mental health impact of COVID-19	Services accessible in homes, workplaces, aged care, schools and other community sites	More connectivity through improved service linkage and coordination
<b>Response and Recovery Priority Actions</b>	<ul style="list-style-type: none"> <li>• Strong governance</li> <li>• Data collection, data sharing and modelling</li> <li>• Clear roles and responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>• Addressing complex mental health needs</li> <li>• Reducing risk factors</li> <li>• Meeting needs of vulnerable populations</li> <li>• Coordinated suicide prevention action</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting immediate needs - adapting current services</li> <li>• Implementing new models</li> <li>• Facilitating access to care</li> <li>• Clear communication</li> <li>• Supporting a multidisciplinary workforce</li> </ul>
All priorities can be implemented flexibly to meet unique state and territory conditions			