



Dear Stakeholder,

**Update on the development of a National Workplace Mental Health Framework**

In April 2018 we provided you with an update on the scoping project to develop a National Workplace Mental Health Framework. I am now providing a further update on the project and the next steps.

The scoping project is in its final stages. Alliance members recently met to reiterate their commitment to the development of a national Framework. Further information on the current status of the work is attached in the Communiqué from the meeting of Alliance members held on 20 June 2018.

If you would like more information about the project, you can contact [workplace@beyondblue.org.au](mailto:workplace@beyondblue.org.au).

Yours sincerely,

Mrs Lucy Brogden  
**Chair Mentally Healthy Workplace Alliance**  
**Chair National Mental Health Commission**

**June 2018**

# THE MENTALLY HEALTHY WORK PLACE ALLIANCE

**Communiqué**  
**20 June 2018**



*(L-R) Jack Heath (SANE Australia); Georgie Harman (beyondblue); Jennifer Taylor (Comcare); Margo Lydon (SuperFriend); Lucy Brogden (Chair, National Mental Health Commission); Frank Quinlan (Mental Health Australia); Maureen Lewis (Interim CEO, National Mental Health Commission); Jennifer Low (The Australian Chamber); Mark Goodsell (Australian Industry Group); Harry Lovelock (Australian Psychological Society); Michael Borowick JP (Australian Council of Trade Unions)*

On 20 June 2018, the Chief Executive Officers from the Mentally Healthy Workplace Alliance member organisations met and reiterated their commitment to develop a national Workplace Mental Health Framework.

## **National Workplace Mental Health Framework – A compact for the future**

The National Workplace Mental Health Framework (the Framework) will outline the rationale for creating a mentally healthy workplace including the benefits to individuals, organisations and the Australian community. It will also provide guidance for supporting wellbeing in the workplace. The Framework will be a practical and useful resource; it will describe key actions that can be taken to achieve mentally healthy workplaces and will also provide the tools that can be tailored to different industries and workplaces, including small business and sole operators.

The Framework will be a strategic and evidence-informed resource to support all Australian workplaces including government and non-government, corporate, small business and sole

operators and will be particularly helpful for businesses that operate in more than one state or territory.

The Framework will use existing Australian resources and draw on the lessons learnt in Canada and the United Kingdom.

### **National Workplace Mental Health Framework Scoping Project**

While there are a several activities being undertaken to improve workplace mental health, a national framework is important to support workplaces by providing a consistent best practice approach for creating a mentally healthy workplace.

The development of the Framework has been identified by the Alliance as a key initiative. The aim of the current scoping project is to outline a high-level strategy for what needs to be done to develop the Framework, including the engagement required, and a project plan for what needs to occur to develop the Framework, and a supporting business case.

Over the next few months the Alliance will finalise the final report on the scoping project for the Framework and look to secure funding to enable the Framework to be developed and implemented. There will be opportunities for stakeholders to be involved in the next phase of the project including through participation in cross-sector consensus building workshops.

### **About the Mentally Healthy Workplace Alliance**

The Alliance is a national approach by business, community and government to encourage Australian workplaces to become mentally healthy for the benefit of the whole community and businesses, big and small. Members of the Alliance are committed to provide practical guidance to workplaces regarding mental health and to actively promote this work to create a sustainable change in workplace culture.

The Alliance was established by the National Mental Health Commission in 2012. The member organisations are:

