

Children in Australia today:



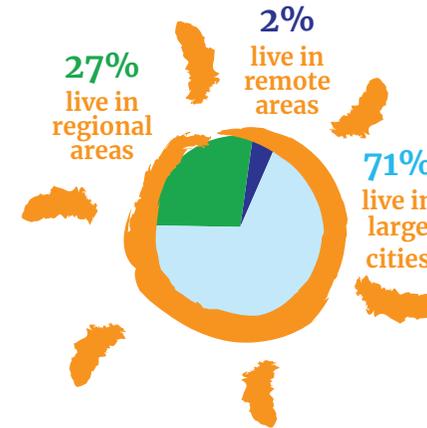
Australian Government
National Mental Health Commission

4,150,138 children
under the age of 12

Just over 16%
of the Australian
population (March 2021)



7 out of 10
of the most common
presentations to
paediatricians are for
mental health.



One study found that 50%
of children with mental illness
continue to struggle in adulthood;



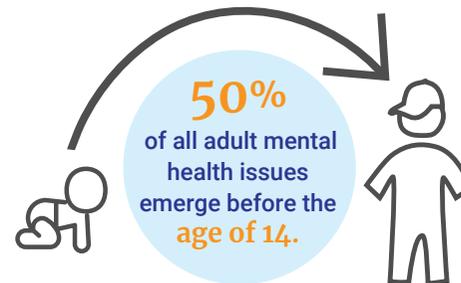
...while the other 50%
no longer warranted
a diagnosis.



65% of parents in
Australia are not
confident they could
identify the signs of
social or emotional
problems in their children.



66% of parents
don't know where
to go for help.



More than 50%
of children with
mental health issues
are not receiving
professional support.

The National Children's Mental Health and Wellbeing Strategy

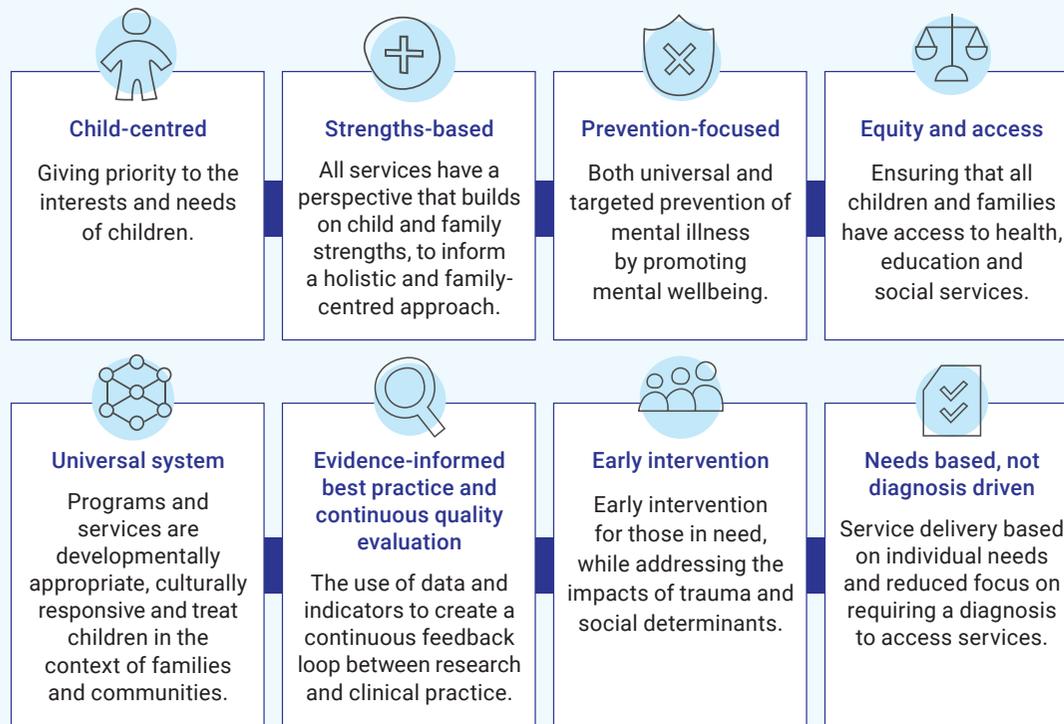


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The National Children's Mental Health and Wellbeing Strategy is focused on children from birth to 12 years of age. It makes a plan for how we can help children, their families and their communities to feel their best.

The Strategy talks about all the types of environments children live, learn and play in.

Eight Guiding Principles:



Four Focus Areas:

1. Family and Community

3. Education Settings

2. The Service System

4. Evidence and Evaluation

The National Children's Mental Health and Wellbeing Strategy delivers a framework that outlines the requirements for an effective system of care for children.

This Strategy has been developed with invaluable input from a diverse range of children and young people, in close consultation with industry expertise and the wider Australian community. It aims to provide a long-term vision for how Australia should support the mental health and wellbeing of all children.

