

Connection to people



Take five minutes to reflect on what connects you to people, purpose and joy. Write your thoughts in the pyramid and, when you're ready, share with the person sitting next to you.



What fills your bucket?

Take five minutes to reflect on what fills your bucket. Write your thoughts in the bucket and, when you're ready, share with the person sitting next to you.

Prompt questions:

- Who is the person you feel most connected to?
- What gives you the greatest sense of purpose?
- What makes you feel a sense of belonging?
- What brings you joy?



'Hello, my name is'



This is a low-stress, friendly way for attendees to introduce themselves to others at their table or in the room.

Give everyone 10 minutes to go around the table and say, "Hello, my name is [insert name]". Let attendees know they can share more if they feel comfortable, but simply saying their name is more than enough.



Island essentials challenge

In groups of four, attendees decide which three key items they would need if they were deserted on a remote island.

Allow 10 minutes for discussion. Encourage groups to get creative, then ask each group to share one or two items from their list and why they chose them.



Human bingo card

To win human bingo, find people in the room with the qualities below. Tick them off as you go. Once you have every square ticked, yell **BINGO!**



Human Bingo Card

Is left-handed	Has never been on a plane	Loves Nutella
Plays football	Has brown hair	Is allergic to nuts
Has a pet dog	Was born in September	Loves horror movies
Can juggle	Likes pineapple on pizza	Has a tattoo
Likes sushi	Has gone skydiving	Is married